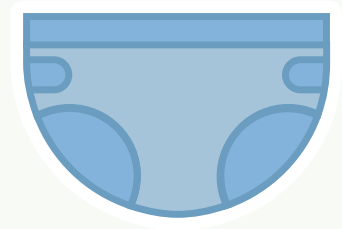


diaper bag essentials

must-haves and extras

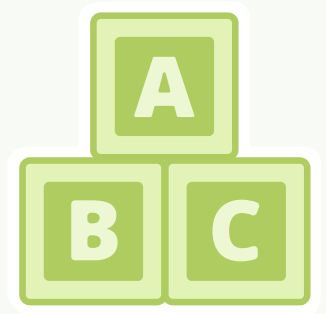
diapers

changing pad, if bag doesn't come with one
diapers - 1 for every hour gone
wipes, disposable bags for tossing
diaper cream, powder etc..



feeding

formula or breast milk, if bottle feeding
bottle(s) or sippy cup
bib for baby/nursing cover for mom
snacks, baby food



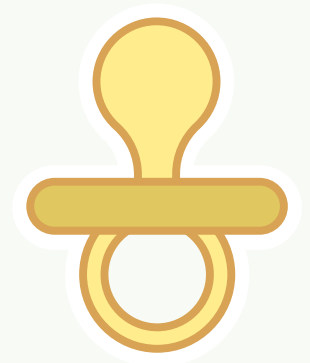
backups

because accidents happen!
change of clothes
hat
blanket/swaddle



health

sunscreen, if baby is over 6 months old
first aid kit
hand sanitizer
tissues



extras

because some of these are for mom!
toys, comfort items, books for baby
lip balm, water, sunglasses for mom
portable sound machine/ bluetooth speaker